



PANAS

Private dining & catering



AWARD WINNING CURRY IN LEAFY BLACKHEATH

Panas, the epitome of authentic Nepalese cuisine, promises an extraordinary culinary adventure that will take you on a gastronomic journey through the vibrant streets of Nepal.

Our catering service brings this culinary excellence to your doorstep, ensuring that your special events are infused with the magic of Nepalese cuisine.

A champion of its local community, Panas has donated and delivered over 200,000 hot meals to those in need in and around South London and was voted Nepalese Restaurant of the Year in 2022.



OUR FOOD AND DRINK

Created by award-winning chef, Ram Paudal, our menu will tantalise the taste buds and transport you to the vibrant flavours of Nepal.

With a perfect blend of modern and traditional cooking techniques, our menu showcases the diversity of Nepalese cuisine.

From mouthwatering momos, delicately spiced dumplings filled with a variety of savory fillings, to the rich and flavorsome curries every dish is a different experience.

Indulge in the amazing Nepalese culinary journey at Panas and discover a world of gastronomic wonders.





OUR CATERING MENUS

THREE COURSE MENU

£19.99 p/p

STARTERS

SUMMER SPICY CRAB CAKE WITH MANGO SALSA

POLEKO KHASI WITH NEPALESE ACHAR

HOMEMADE SPINACH AND KALE CHAAT

MAIN COURSE

COASTAL SEAFOOD MEEN MOILE, MUSSELS, TILAPIA AND PRAWNS

SLOW-BRAISED BABY LAMB ON THE BONE MASALA

FIG STUFFED WITH SPINACH AND SWEET POTATO
KOPTAS

SIDES

HOME MADE KALO DAAL

GARLIC SPINACH AND CORN

PULAO RICE/BASKET BREADS

DESSERT

HOME MADE KULFI WITH
MIXED BERRIES SAUCE.

NEPALESE KHEER





OUR CATERING MENUS

CANAPE MENU

£19.99 p/p

MEAT CANAPES

DUCK SHEEK KABAB KATHI ROLL
SMOKED SALMON ON NAAN BREAD
DRUNKEN FISH IN RUM
CHICKEN TIKKA (BREAST)
MALAI CHICKEN TIKKA (BREAST)
GARLIC SMOKY MONK FISH
LAMB SEEKH KEBAB
LAMB CHOP (BEST END)
LIME CORIANDER TIKKA (BREAST)
TANDOORI CHILLI GARLIC TIGER PRAWNS
LASUNI TULSI CHICKEN TIKKA (BREAST)

VEGETARIAN CANAPES

HOMEMADE PAPRI CHAAT
BEETROOT WITH APPLE CHUTNEY
MINI SKEWER MUSHROOMS SHASHLIK
TANDOORI SOYA KABAB
DILL PANEER TIKKA
TANDOORI BROCCOLI
KACHUMBER SALAD
LAACHA ROTI PYAZ & GREEN CHILLI
MINT & CORIANDER CHUTNEY
TAMARIND CHUTNEY
CHILLI GARLIC TOMATO CHUTNEY





WE CATER FOR



- CORPORATE LUNCHES
- SPORTING EVENTS
- BUSINESS MEETINGS
- SPECIAL OCCASIONS
- HOUSE PARTIES
- BIRTHDAY PARTIES

ENQUIRE NOW



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